Continuity Care Inc.

Support. Planning. Peace of mind.

Continuity News

Spring 2026

Message from the Office

According to the calendar Spring has arrived, but I am not convinced that we are done with winter yet. It is nice to see dry pavement, patches of grass and the snowbanks slowly melting.

Here at the Continuity Care office, things have been hopping! New inquiries, meetings with families, sharing circle gatherings, fiscal year end, budget preparation, going to the Manitoba Legislature and advocacy letter writing and preparing for our Spring newsletter, groups and workshops.

I have some news to share with you. I will be retiring from my position as Executive Director and my last day is planned for September 11th, 2026. This year marks my 20th anniversary with Continuity Care and I am both proud and grateful for all the opportunities I have experienced during these years. I am not saying any goodbyes yet, as there is still much to be done before I leave.

Our board has begun the recruitment planning process and together we are working on the succession plan for the E.D. position. I know that this change comes with mixed emotions but want to reassure you that the organization is in good hands and we will do our best to make the transition a smooth one for our members and staff. We will keep you informed as we move our way through this process.

In the meantime, I look forward to the months ahead and continue to connect with our members, meet new families and advocate with you to address the issues and barriers you and your loved ones are experiencing.

Happy Spring to All,

Suzanne Swanton – Executive Director

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A Suite Deal Fundraiser

Continuity Care's "A Suite Deal" fundraiser was held on January 17th, 2026. For our first year trying out this new concept, we consider it a success! Except for the fact that the Winnipeg Jets lost to the Toronto Maple Leafs.

The lucky winners of the Suite Seats and their guests were transported to Canada Life Centre by limousine and enjoyed watching the game in a box suite were: Lyndsay Steinke, Angela Anderson, Dan Swanton and Ellie Hoogterp.

There were also lucky winners of the Rainbow Auction prizes, which included 3 signed Jets jersey, pairs of tickets to future Jets games and 4 home viewing party packs.

Donations received in support of the event totaled $22,700.00 and will be matched up to $20,000 by Mr. Bob Williams. We are extremely grateful to everyone who made these generous donations.

We would like to take this opportunity to thank Tariq Alhammouri and staff at Winnipeg Squash Racquet Club for providing the venue for this event. Special thanks to Chris Cherepuschak and Frank Wade from Wade Wealth Management for the donation of the box seats and Daryl Lindsay from Royal Trust for donating the refreshments for the winners to enjoy while watching the game.

Thanks also to our event sponsors and prize donors:

True North Sports and Entertainment	Tradition Law
One Great City Brewing Co.	Nonsuch Brewing Co.
Skip the Dishes	Birchwood
Merv and Lynda Gunter	Max Steinkopf
Jeoff Chipman	Alix, Michael & Garrey Kowalson Subway 1180 Taylor

The Cardinal Foundation

We would like to acknowledge a grant that we received in February 2026 from the Cardinal Foundation. The funding from this grant was used to purchase office furniture and equipment for our new office space at 120 Maryland. Patti was able to find some great deals on gently used filing and storage cabinets, table, hutch and a desk extension. We also purchased a vacuum, fans and a coat rack.

We moved across the hall into a larger office space, which provides a larger reception area for Patti and two separate offices for Jullie and Suzanne. Previously Jullie and Suzanne shared an office, which created some challenges when hosting Zoom calls and having phone calls at the same time. Separate offices allow for greater privacy and quiet spaces to work.

Cardinal FOUNDATION

Our Wish Has Been Granted

Thank you to The Winnipeg Foundation for selecting Continuity Care as one of the recipients of a Community Grant that will fund Continuity Care's Evaluating Our Impact project.

This project will assist our organization to learn about the effectiveness and impact of our services and supports on our members, collaterals and community we serve. We have identified evaluation as a priority item in our new strategic plan for the next three years. The outcomes from this evaluation project will guide decisions, identify areas to improve on and help to build the infrastructure to support any expansion efforts we make in the future.

THE WINNIPEG FOUNDATION
For Good. Forever.

Bill 232—the Manitoba Autism Strategy Act—What's Next?

A Quick Refresher – Bill 232, the Autism Strategy Act, is a proposed law in Manitoba that focuses on creating a coordinated, province-wide approach to autism supports. The goal is to improve access to services, reduce gaps, and ensure that individuals and families are not left navigating the system alone. https://web2.gov.mb.ca/bills/43-3/b232e.php#2

This Bill follows the federal National Autism Strategy Act, which was passed in 2023. The federal legislation committed to developing a national autism strategy, with the goal of improving consistency in services and supports across the country. Bill 232 shows how the national plan could look like here in Manitoba. Since provinces are responsible for most services, this Bill is about turning those ideas into real supports that people can access in their daily lives.

Who and What – The Manitoban Autism Strategy Act (Bill 232) was introduced by MLA Cindy Lamoureux and has received growing attention and support from families, advocates, and community organizations across the province.

On March 19th, Bill 232 passed second reading at the Manitoba Legislature. An important step forward as it means the bill has been recognized as moving forward for more discussion.

What's Next – Bill 232 will now move to the Committee stage. This is where the public has an opportunity to be involved. At the committee, Manitobans can:

- Submit written feedback
- Present their experiences and perspectives
- Help shape how this bill moves forward.

How to Stay Involved – Keep the conversation alive by writing to your MLA to share why this Bill matters to you, to your loved ones, and to your community! Attend or present to the Committee and stay informed by sharing updates with your networks.

Register to become a Committee Presenter here https://www.gov.mb.ca/legislature/committees/committee_registration.html
Share this petition to help raise awareness https://c.org/FMpSc7VbbT

Family & Friends Group

Earl Grey Potluck February 2026

Our Family and Friends Group had a party on Sunday, February 1 at Earl Grey Community Centre. The party went from 1:00pm to 4:00pm and was attended by about 65 people, our largest group yet. It was great to meet new people and enjoy the party with them.

As usual the pot-luck food was very good, a great selection brought by attendees. The pizza from Aladin's was also very good and we had some gluten-free pizza for those who requested it. It was a very nice feast.

Also attending were members of our "Junior Crowd", young kids between the ages of about one and 10. This added a bit of action to the party. Crafts were available for those interested and many chose to paint the patterned tiles. Others played the corn hole bean bag game. We sang Happy Birthday for those having birthdays from January to March and the afternoon was topped off with a sing-a-long led by a new lady named Leslie.

It was a fun party and very nice to see such a good turnout.
Ray

Bowling March 2026

On March 22nd, 33 people from the Family and Friends Group enjoyed an afternoon of camaraderie, 5 pin bowling and/or cheering the bowlers on at Mosienko Lanes!

Coach Patti's team with Terri- Lynn, Rhonda, Cheryl and Melody won the "gobble gobble" award, for any team that has a bowler who gets a turkey or 3 strikes in a row! Congratulations, Cheryl!

We also celebrated Arnold's birthday there too. Special treats included pop, popcorn, veggies, and cake along with door prizes.

A fun and exciting event!
Albert and Sharon Yanofsky

The Next FFG event:
July 5 St. Vital Park

Connection Corner - Spring is here!

Longer days, fresh air, and connection

* Living Prairie Museum to see the crocuses
* Walking through Assiniboine Park
* Birding with friends & family
* Rock painting to give to a friend

Spring is a reminder that
we can begin again, together.

Stay up-to-date by following us on Facebook

We invite you to become a Continuity Care member

One-year membership $25
One-year agency membership $50
Lifetime membership $250
Leave a Legacy

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