

Continuity News

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Message from the Office

How has your summer been? This seems to be a common question asked this time of year and my response is “it’s not over yet”. I am holding on to these last few weeks of summer with hopes that the warm, sunny weather and summer vibes will continue into September. Fall can be such a beautiful season in Manitoba and I hope that when it arrives, it will stay for a while.

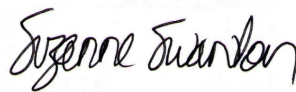
This summer Patti and I were each able to take some time away from the office to rest, recharge and enjoy time with our families in the great outdoors. Jullie, our newest staff member, who started in June has been settling into her position as Member Support & Outreach Facilitator and has already reached out and connected with several of our members.

The Family and Friends Group has been active over the summer with several community events, including the Goldeyes Games and Rainbow Stage. Read more about that in this edition of our newsletter.

Although things at our office and building are quieter during the summer months, we received several new inquiries from parents and family members from around the province. It is always interesting to learn how families hear about Continuity Care and the connections we have and continue to make across Manitoba.

This month we are busy with planning for our upcoming Annual General Meeting taking place on September 4th. Along with that, we have planned our fall series of workshops and are preparing for our support groups to resume.

We look forward to seeing you in the coming months and I hope that you get an opportunity to get outside and connect with others, have some fun and enjoy all that Manitoba has to offer us.



Suzanne Swanton
Executive Director



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Launch into Life – Transitioning into Adulthood

The Launch into Life curriculum is delivered through a three-week workshop series, which would need a commitment of 2 hours every week for 3 consecutive weeks. This program is designed to help parents effectively assist their young adult child who has Autism or an intellectual disability to create a personalized plan for success as they transition into adulthood.

This program helps parents and young adults explore where they are now, what they want their adult life to look like, and what they require to achieve their goals. To capture a broader picture, the curriculum is divided into 5 domains, which include health and well-being, education and employment, communication and social relationships, independent living skills, self-advocacy, and legal and financial issues.

We also provide train the trainer sessions for those interested in becoming facilitators for Launch into Life with the goal of sharing this curriculum with others across Manitoba. Additionally, if you have previously received this training and would like a refresher, we would be open to offering this type of session if there is enough interest.

For all inquiries on the Launch into Life program, please contact us at info@continuitycare.ca
We are planning the next workshop series for early 2025.

Accessible Employment Standard Regulation Review

Every five years, the Accessibility for Manitobans Act calls for a review to ensure the effectiveness of accessibility standards. This regulation focuses specifically on making employment practices more accessible to people with disabilities to ensure that there are equal opportunities in the workforce. The public is invited to share their experiences with accessible employment. This can include what is currently working well and what needs improvement.

There are a few different ways you can share your experiences:

Virtual Morning Town Hall Session	Virtual Afternoon Town Hall Session	In-Person Disability Community Forum
Date: Tuesday, Sept 24 Time: 10 am to noon Location: Zoom (virtual) Click here to register	Date: Thursday, Sept 26 Time: 1 pm to 3 pm Location: Zoom (virtual) Click here to register	Date: Wednesday, Oct 2 Time: 2 to 4 pm Location: Canadian Museum for Human Rights, 85 Israel Asper Way Room: Manitoba Teachers' Society Classrooms Click here to register

You can directly review this information by visiting:
<https://engagemb.ca/accessible-employment>

Update on the Canada Disability Benefits

The Canada Disability Act (Bill C-22) received Royal Assent and become law on June 22, 2023. The draft of the regulations were released to the public on June 29th, 2024 in Part 1 of the *Canada Gazette*.

A summary of the draft regulations can be found here [Summary of the proposed Canada Disability Benefit Regulations - Canada.ca](https://www.gazette.gc.ca/rp-pr/p1/2024/2024-06-29/html/reg2-eng.html)

Individual Canadians and organizations can review and provide comments on the draft regulations. The consultation period has been extended to September 23, 2024 to ensure that all interested parties have an opportunity to comment. Once the comment period closes, the Government of Canada will analyze the comments receive and revised the regulations as appropriate in response to the feedback.

The link to Canada Gazette to make comments is <https://www.gazette.gc.ca/rp-pr/p1/2024/2024-06-29/html/reg2-eng.html>

You can also contact your Member of Parliament directly to share your feedback and ask questions. If you are unsure about your MP's contact information, you can find it here [Current Members of Parliament - Members of Parliament - House of Commons of Canada](https://www.parliament.gc.ca/members)

Thank You Winnipeg Goldeyes!



The Winnipeg Goldeyes organization and their ticket sponsor graciously provided tickets to the Family & Friends Group for two enjoyable evenings of Goldeyes baseball on June 15 and August 2.

It is a great opportunity to socialize with old friends and meet some new ones while enjoying the views, fireworks, & goodies at Blue Cross Park and watching our beloved Goldeyes play ball.

Thank You Rainbow Stage!

The Family & Friends Group had an amazingly SUPERCALIFRAGILISTICEXPIALIDOCIOUS time at Rainbow Stage's production of Mary Poppins the Broadway Musical. The colourful costumes and the excellent singing and dancing had our group singing and clapping along with their favourite Mary Poppins songs.

We would like to thank Rainbow Stage and the ticket sponsor for providing Continuity Care's Family & Friends Group with tickets for an amazing performance.



On August 2nd, 22 people had a fun evening at the Winnipeg Goldeyes baseball game. I caught a flying hotdog being tossed into the crowd with my face! Ouchie! My favourite part was the spectacular fireworks display after the event!



Mary Poppins, musical classic at Rainbow Stage's opening night on August 15th was magical and fantastic! Two of their favourite songs "just a spoonful of sugar makes the medicine go down" and "supercalifragilisticexpialidocious" were AMAZING !! 23 folks thoroughly enjoyed one of Rainbow Stages best productions ever!

by Albert and Sharon Yanofsky



Coming up

Kildonan Park Potluck Picnic Lunch

When: Saturday, September 14, 2024

Where: Kildonan Park, Elm Picnic Shelter

Time: 1:00 - 4:30pm

Please RSVP *before September 10th*

Call Continuity Care's office (204) 779-1679 or

Email: info@continuitycare.ca

2023-2024 Annual Report

Continuity Care's Annual General Meeting will be held on September 4, 2024.

Our Annual Report can either be viewed on our website continuitycare.ca after the 4th or if you would like a copy mailed, please contact the office at: 204-779-1679 or email info@continuitycare.ca



We invite you to become a Continuity Care member

One-year membership \$25

One-year agency membership \$50

Lifetime membership \$250

Have you thought of a making a legacy gift as part of your will?

Continuity Care Inc.

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