



Bulletin

Workshops

Introduction Will & Estate Planning

Wednesday, September 18, 2024

7:00 - 9:00 pm

Presented by: Krista Clendenning, Lawyer, Partner with Tradition Law

This informative workshop provides a thorough over-view of what is important to know when creating and updating your Will and Estate plan for a beneficiary with a disability. Krista will discuss the special considerations when preparing Wills, Powers of Attorney and Health Care Directives for family members of persons with disabilities. She will review discretionary (Henson) trusts, EIA disability trusts and considerations when appointing a trustee.

Registered Disability Savings Plan: Learn About Payments & Withdrawals

Monday, October 28, 2024

7:00 - 9:00 pm

Presented by: Justin McMahon, Wealth Advisor, ACU & Suzanne Swanton, Continuity Care

This session will take a deeper dive into the RDSP and look at when it's time to think about taking money out of this investment and what you need to know about payments, withdrawals, taxation and more.

Employment & Income Assistance Disability Trusts

Thursday, November 14, 2024

7:00 -9:00 pm

Presented by: To be announced

This workshop will provide an overview of the EIA Disability Trust and what you need to know about setting one up, what it can be used for and reporting requirements and policies.

An Introduction to PATH'S & MAP'S for Parents and Caregivers

Wednesday, December 4, 2024

7:00 -9:00 pm

Presented by: Representatives from the Organizations of 120 Maryland

This interactive workshop will provide an overview of the PATH (Planning Alternative Tomorrow's with Hope) and MAP's (Making Action Plans) processes, which are two tools which are commonly used for person-centered planning.



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Groups

Finding Hope Within the Cracks

This group has formed out of a common experience of some members who have a young adult or adult child living with Autism and other co-occurring diagnoses, who are not eligible for CLdS and other adult services. They are falling through the cracks in the system. We are facilitating this new group with the purpose to help families connect with each other, share experiences, identify common needs and strategize about what steps need to be taken to develop new services and supports.

Meetings are from 7:00 to 9:00pm on: September 17th
Future dates will be determined

The 3 C's for Caregivers: Connection, Conversation and Coffee

We are trying a new format for our parent group this fall. This peer support group is for caregivers who are parents, siblings and extended family members of young adults (16+) and adults with an intellectual, developmental disability or Autism who are receiving services through Children's disABILITY Services or Community Living disABILITY Services. This is an opportunity to connect with other families, share experiences, learn about resources and most importantly take time for you as caregivers.

This group will be offered in two time slots on the third Thursday of each month:

September 19th – 10am to noon OR 7:00 to 9:00pm

October 17th - 10am to noon OR 7:00 to 9:00pm

November 21st - 10am to noon OR 7:00 to 9:00pm

December 19th - 10am to noon OR 7:00 to 9:00pm

You can join either group in person at 120 Maryland OR virtually by Zoom.

Please RSVP in advance by contacting our office.

Workshops & groups by in-person, Zoom Conferencing or Zoom by Phone (no long distance fees)

Workshops: Non-members: \$10 (per family) Continuity Care members: FREE

Groups: Free to everyone

To register, please contact us at
(204) 779-1679 or info@continuitycare.ca

One-year membership \$25

Agency membership \$50

Lifetime membership \$250