

Continuity News

Fall 2023

Election Day in Manitoba, Tuesday, October 3, 2023

Disability Matters Vote (DMVote) is a non-partisan public awareness campaign. This campaign is a joint initiative of Abilities Manitoba and Barrier Free Manitoba, but this campaign is all about YOU. Your support will help us reach these three goals:

1. To ensure all Manitobans with disabilities can participate fully in election activities and those who are eligible to vote can do so.
2. To promote priority attention for disability issues in the election.
3. To support Manitobans in making informed voting decisions.



A summary of the 5 priority areas of DMVote 2023 include:

1. Make Manitoba Accessible – continue progress on the implementation of the Accessibility For Manitoban's Act
2. Invest in a Skilled Workforce - increase wages and develop a comprehensive training strategy for Disability Support Professionals
3. Meet Basic Needs – provide a dignified income through provincial programs, no clawbacks to the new federal Disability Benefit and access to safe and affordable housing
4. Unleash Employment Potential – help to remove barriers to employment, promote hiring of people with disabilities and better prepare students leaving high school for employment.
5. Ensure Timely and Equitable Access to Services and Resources – reduce wait times for services and assessments, increase funding for programs and services and address the barriers and inequities that prevent all Manitobans from receiving the supports they need.

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For more information about Disability Matters Vote campaign and how you can get involved, visit <https://www.dmvote.ca/>

Elections Manitoba has a mandate to make voting accessible. As the organization responsible for ensuring all eligible voters have the opportunity to participate in elections, Elections Manitoba is committed to identifying and removing barriers to full participation.

Find out about accessible voting options in Manitoba.

[Accessibility \(electionsmanitoba.ca\)](https://www.electionsmanitoba.ca/accessibility)

Message from the Office

Can you feel it?

There are so many signs that Fall has arrived early in Manitoba. An early harvest, the geese are back (did they ever leave?), a chill in the air and the leaves are starting to turn colors. I still have hope that we will have a nice Autumn season with time to enjoy the fall colors and sweater weather, before the snow falls.

I hope that you had some time to enjoy the warm and sunny days of summer. We (our staff team) were able to take some vacation time but we are all back now and planning for our Fall activities. We have made some changes and are trying some new ways of connecting with our members and sharing information and resources. We will try these out for the next few months and see how it goes. Check out our bulletin for more details!

We hope to see many of you at our Annual General Meeting on September 13th. We have invited an interesting guest speaker and are excited to hear what she has to share about the new federal Disability Benefit.

We have more news to share with you, so pour yourself a warm beverage, find a comfortable place to sit and enjoy reading our Fall newsletter.

Take good care and we hope to see you soon!

Suzanne Swanton – Executive Director



Thank you for the Tickets!!!!

Rainbow Stage Production of Rent

Continuity Care and the members of the Baby Boomer Café would like to give Rainbow Stage and their sponsor a great big thank you for providing complementary

tickets to us. This year we tried something a little different by attending the production of “Rent”. We had 20 members attend and they enjoyed the production very much.



July Goldeyes Games

Summer is not complete without seeing a few baseball games. Thank you to the Goldeyes organization and their sponsor for providing complementary tickets to a few July Goldeyes games for our Baby Boomer Café members. They all enjoyed watching the games, friendship and fireworks display.

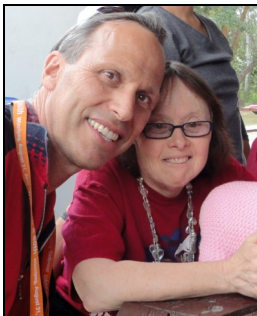




Sherri Water Chief - Born and raised on a farm in Southern Manitoba, Sherri recently returned to her roots after a few decades spent in Alberta and British Columbia. Sherri has a Master's degree in Applied Social Psychology from the University of Guelph, along with several decades of experience working with First Nations and persons with disabilities and autism.

Sherri has three wonderful children who are Blackfoot. The two eldest continue to reside in BC while her youngest son (who just turned 18 this month) moved to Manitoba with her. Since their return to rural Manitoba two years ago, Sherri and her youngest son have experienced systemic inadequacies and inequality in Manitoba's health care, education system, and disability resources, all of which create barriers to full inclusion and life enjoyment for this charming young man who has physical and intellectual disabilities, as well as medical complexities.

Sherri welcomes the opportunity to join the Board of Directors and Continuity Care members in our common goal of improving the quality of life of persons with disabilities and autism, as well as their family members in Manitoba and across Canada.



Max Steinkopf - Max is a Winnipeg native that returned to Winnipeg in 2022, 49 years after leaving to attend the University of Western Ontario! The last 34 years he lived in London, England. Throughout that time, Max kept an association with Continuity Care through his late sister, Justine and his mother, Helen, a founder of Continuity Care. He remains as an advisor to the Sib-to-Sib program which he hopes will grow further now that he has joined the Continuity Care board.

Max qualified to practice law in Ontario and the State of New York. Along with 3 partners he has operated an investment business based in London for the last 18 years. He has held a number of positions with non-profit organizations over his business life.

The Family Gathering Retreat

The Family Gathering Retreat is part of the Community Based Assisted Decision-Making Pilot Project. It is a unique opportunity for parents/caregivers of individuals with a developmental, intellectual disability and/or autism. We invite you to come together, connect with each other and learn some useful information.

You all deserve a much needed break!

EVENT DATE NOVEMBER 3 AND 4, 2023



To register for this event online you can scan our QR code.

For more information check out our website at www.120marylandgroup.org or email us at cbadmproject@aclmb.ca

This summer Baby Boomer Café attended 3 exciting events.

July 12th Goldeyes Game

22 Baby Boomer Cafe members, family, and friends enjoyed a relaxing and fun evening of cheering on the Winnipeg Goldeyes baseball team at Shaw Park. The Goldeyes lost to the Cleburne Railroaders from Texas, but who's keeping score when you're having a nice time with friends! A highlight of the evening were the dazzling fireworks at the end of the game.



Side notes: John thoroughly enjoyed drinking his savoury slushie, Heinz rejoiced munching on his crunchy popcorn, Jocelyne and Geoff happily lapped up their cool ice cream treats, Dale delightfully devoured his jumbo hotdog, and the list goes on...

July 31st Goldeyes Game

22 people enjoyed a beautiful, relaxing summer evening watching the Winnipeg Goldeyes baseball team splash the Fargo RedHawks 4-1! We also celebrated a special b-day for Heinz at the game. Evelyn and Jackson won a backpack for the most creative hug, in the hug cam contest. What a fun way to wind up the month of July!

Rainbow Stage

Rainbow Stage's performance of "Rent" was fabulous!

The 20 Baby Boomer cafe members and their friends who attended enjoyed this musical very much! A great time was had by all.

Reminder: The next Baby Boomer Café event will be held at Kildonan Park (north picnic shelter) on Sunday, September 10, 2023, 4:45 - 8:00pm. Please register by calling 204-779-1679. or email info@continuitycare.ca

Registration is Open!

Continuity Care's
Annual General Meeting
September 13th 2023
5:45 - 8:00pm

Venue: 120 Maryland Street or Zoom
Please see website for more information

 **We invite you to become a
Continuity Care member**

One-year family membership \$25

One-year agency membership \$50

Lifetime family membership \$250

Leave a Legacy

Continuity Care Inc.

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