



What's Happening - January 2021

In response to the Covid-19, our workshops and support groups will be offered virtually using Zoom Video Conferencing and teleconference. Please register in advance for all workshops and support groups by calling the office at(204) 779-1679 or by email info@continuitycare.ca. We will then send you the instructions & materials to join the Zoom meeting or the teleconference.

***Free for members - \$10 for non-members
Parent & Adult Sibling groups free to everyone.***

Parent Group

Thursday, January 21, 2021 Time: 10:00 am- 12:00 pm
Facilitators: Chanique Phillips & Suzanne Swanton

Registered Disability Savings Plan (RDSP) - Workshop

Thursday, January 21, 2021 Time: 7:00 - 9:00 pm
Facilitators: Suzanne Swanton & Chanique Phillips

New! Coffee & Connections

Tuesday, January 26, 2021 Time: 7:00 pm– 9:00 pm
Facilitators: Chanique Phillips & Suzanne Swanton

Upcoming Groups & Workshops - February & March 2021

<u>An Evening Just for Adult Siblings</u> Thursday, February 4, 2021 Time: 7:00–9:00 pm	<u>Launch into Life!</u> February 22, March 1 & 8, 2021 (must attend all 3 dates) Time: 6:30 - 8:30 pm
<u>Leaving the Nest: Planning for the Big Move!</u> February 17, 2021 Time: 7:00 - 9:00 pm	<u>Who's Who: Roles & Responsibilities of Service Providers</u> March TBA, 2021 Time: 7:00 - 9:00 pm
<u>Parent Group</u> Thursday, February 18, 2021 Time: 10:00 am- 12:00 pm	<u>Parent Group</u> Thursday, March 18, 2021 Time: 10:00 am- 12:00 pm
New! <u>Coffee & Connections</u> Tuesday, February 9 & 23, 2021 Time: 7:00 pm– 9:00 pm	New! <u>Coffee & Connections</u> Tuesday, March 9 & 23, 2021 Time: 7:00 pm– 9:00 pm