

Continuity News

Fall 2019

Message From The Office

We are in that transition stage from summer to fall, in terms of weather and schedules. Back to school, activities, routines and a busier pace. I hope that everyone had an opportunity to enjoy some time off to rest, recharge and relax in their own way.

What I noticed during my time away from the office this summer were wonderful examples of improved accessibility for people of all ages and abilities around Manitoba. Beach access mats at Birdshill and St. Malo Provincial Parks, accessible campsites, more gender-neutral/family/accessible washrooms, the introduction of sensory friendly hours for customers, free admission for support workers, new elevators with auditory and visual features and scent free spaces – just to name a few! I recognize that our province still has to work towards the implementation of all of the standards under the Accessibility for Manitobans Act, but it's good to see that progress is happening.

I also appreciated how many local treasures we have here in Manitoba. Provincial parks with crystal clear lakes, beautiful and diverse landscapes, farmer's markets with such a wide

variety of vendors, cafes and restaurants with local fare and flavors, small town museums, buildings of different eras with interesting architecture and our prairie sunsets are THE best.

Chanique Phillips, our Member Support & Outreach Facilitator, has been busy over the summer months connecting with our lifetime members. She is learning a lot from meeting with families and hearing your stories and experiences. So thank you for warmly welcoming her to Continuity Care.

This newsletter is later getting out to you as it seems slower getting our workshop topics and dates confirmed for the Fall months. Thanks for your patience! It will be worth the wait.

I look forward to seeing you at our events, groups and workshops this coming year.

“Autumn, the season that teaches us that change can be beautiful.”

Eugene Swank

INSIDE THIS ISSUE

Rainbow Stage	2
Bingo!	2
DMV - thank you!	3
Family Gathering	3
BBC Outdoor Café	4
What's Happening!	4



RAINBOWSTAGE



Rainbow Stage has once again generously donated tickets for our members to enjoy the performance of Cinderella. From what I hear this was a great production with some people giving it a 4.5 to 5 stars. Winners were selected from a random draw.

“We would like to thank Rainbow Stage for complimentary tickets to the production of Cinderella. It was a thoroughly enjoyable evening. We have attended Rainbow Stage in the past but this has renewed our interest in becoming more frequent patrons.”

Pat and Jim

“On Aug 18 2019 a small group of Baby Boomers gathered at Rainbow Stage to see the musical Cinderella. It was a perfect evening (not too hot and no rain). Kildonan Park is so beautiful – by the time you park you already feel like you’re in a fairytale place. The Cinderella production had enchanting, colorful stage sets. The costume changes were magical – Cinderella twirled around for a few seconds and in a cloud of mist was transformed from rags to wearing a beautiful gown. And yes, Cinderella did have glass slippers! We very much enjoyed the evening and thank Rainbow Stage for providing the complimentary tickets.”



BINGO & MINGLE!

Last year we had a super great time mingling with old friends and getting to know new ones. We invite you to come again and join us for an afternoon of bingo, mingle, snacks, pizza and refreshments.

Saturday, October 26th, 2019

Sturgeon Heights Community
Centre

210 Rita Street

1:00 pm – 3:30 pm

Bus Routes: 11, 21, 83

Please RSVP for this event by

October 23, 2019

Call Patti at 204-779-1679 or email
info@continuitycare.ca

Let me know who is in your group, what kind of pizza you like from the choices below and if you require any accommodations or have allergies.

Cost is \$5.00 per person (Includes pizza, snacks, drinks & 2 BINGO cards)

Support workers are free (but can pay and play if they want)

Door prizes & game prizes!!

Pizza choices are : cheese, pepperoni, or vegetarian

Who you vote for will have an impact on the life of your community.



We are sending a huge THANK YOU to the organizers, volunteers and to the many supporters of this year's Disability Matters Vote campaign. It was a short and intense campaign time frame, but it was effective at creating awareness of disability issues.

The Leader's Debate which took place on August 27th at the Norwood Hotel was very well attended, in addition there were many other satellite locations where people were watching the live stream format. There were many meetings with candidates in constituencies across the province, which were valuable opportunities to educate and speak directly about the 5 priority areas and hear about candidate's experiences and perspectives. There were also many roadside rush hour rallies held in Winnipeg and in rural communities that were well attended by energetic and passionate folks waving their DMV signs, wearing their DMV t-shirts and getting honks of support from those who passed by. There were countless DMV signs that were displayed on lawns, boulevards, windows, farmer's fields and even a few boat docks and campsites across our province. The social media posts on Facebook and Twitter were so creative and engaged so many people around Manitoba. The DMV spokespeople did a fantastic job with media interviews as well. Thanks to the members of People First of Manitoba for hosting the pop up voting booths and helping to educate voters on how to cast their ballot on election day.

Some folks are leaving their DMV signs out, as a show of support during the federal election campaign. Please note that DMV is a provincial campaign, related to funding and policies within Manitoba. So please bring those signs back indoors and store until the next provincial election.

Although the DMV campaign is officially over, the work will still continue for action on the 5 priority areas. Please visit the DMV website dmvvote.ca and Facebook page to watch the wrap up video. Thanks again for supporting this year's DMV campaign.



Who Matters?

#WeMatter

#Disabilitymattersvote



Save the Date

Friday, April 17 and Saturday, April 18, 2020

Viscount Gort

Winnipeg, Manitoba

Come join us and explore how we can create a good life for your family member

For more information about the Family Gathering

Contact: 204-784-4810 or info@icof-life.ca

Baby Boomer Café Annual Outdoor Café



On Saturday, August 10th, about 20 brave naturalists took part in our annual Birds Hill Park Café in the Group Use Area. The weather was cloudy and the rain gods had fun with us at times throughout the day. However, as soon as Max arrived from the Kenora bakery with all that fresh, warm pita and hummus, the weather turned nicer. No mosquitoes or wasps!! We stayed under the protective shelter for most of the time and enjoyed an adapted wildlife scavenger hunt, board games, music, singing, dancing, camp fire, toasty hotdogs, tasty chicken and lots of great fellowship. A big thank you to Sir Bob, Maestro Extraordinaire for his magical music and conducting the ever

famous Baby Boomer Café Choir and to our Great Chef, Sharon and also to our fabulous woodcutter, Chris! In addition, thanks to everyone for contributing a variety of yummy food, pastry, dessert, salads and side dishes. Mike and I again appreciate all of you coming out to join us celebrate another fun and successful Summer Café in Mother Nature's beautiful, big back yard. Everyone also participated in our very special candle lighting ceremony. See you all next summer at Birds Hill Park!!

Yours in forests and nature,
Albert Yanofsky



What's Happening!

Save the Date!

March 18 & 19, 2020

Volunteers Required
More info in our next
Newsletter



**We invite you to become a
Continuity Care member**

One-year membership \$25

One-year agency membership \$50

Lifetime membership \$250

Leave a Legacy

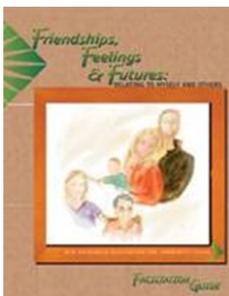
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We seem to be missing this book from the lending library. It is called:



**Friendship, Feelings
& Futures: Relating
myself and others.**

Facilitation Guide.

If you have this book
please return.



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