

Continuity News

Summer 2018

Annual General Meeting



Continuity Care held its 23rd Annual General Meeting on June 11, 2019. We felt that we may have outgrown the space at 120 Maryland and this year we moved the event to Sturgeon Heights Community Centre at 210 Rita Street. The spacious venue offered extra room for the 30 members who attended.

The evening started with a delightful meal from Deluca's Catering along with a celebratory cake and assorted fruit. The meeting started promptly at 6:15 and was chaired by Karen Leggat our Board President. There were no additions to the agenda and the minutes from the 2018 AGM were approved. Merv Gunter presented the Financial Report. He reported that our small non-profit Endowment Fund had made it to the 3 million dollar mark. We are continually thankful for our relationship with The True North Youth

Foundation and with donations and Legacy gifts from our members. Our financial strength will continue to grow programs for our members and community. Sherry Desilets from the Family Advisory Committee reported on the successful completion and

presentation of the "Emergency Health Information" form and the Workshop "Tips for completing the SDM Annual Accounting Form". She also thanked Linda Ormond for her years of service as Committee Chair. Terry Williams of the Human Resources Committee reported on the hiring of our new "Community Outreach & Member Support" position. Suzanne will introduce you to our latest addition, Chanique, in her message From the Office (page 2). Suzanne Swanton, our Executive Director, presented on the vision of Continuity Care. Where we have been and what we want to achieve for the future. Lastly, with much anticipation, our guest speaker, Deb Roach, introduced us to one of the fastest growing groups "The Family Advocacy Network of Manitoba". The premise of this group is the wisdom and experience of family helping family. You can visit them on their Facebook Page.



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From the Office

Summer has officially arrived here in Manitoba and we hope that the hot, sunny weather is on its way.

At Continuity Care, our groups and workshops take a break over the summer months and will resume in September. We use this time to plan the topics and schedule for our workshops for the coming year, as well as other events that we want to offer to our members.

Our Board Members also get to enjoy a well deserved break during the summer, as there are no board meetings or committee meetings in July and August. We appreciate the time, dedication and contributions each of our board members gives to the organization, in addition to their jobs, families and other commitments.

I will be taking some time over the summer months to enjoy some vacation time with my family and friends. While I am away, Patti and Chanique will be available to respond to phone calls and emails and offer support to our members. Chanique will be setting up visits with our Lifetime Members to continue the work that we started on this project.

Welcome Chanique!

Chanique Phillips has recently graduated with her Bachelor of Social Work degree and has been working in the disability sector since 2012 doing respite support, working at a day program and most recently in her practicum helping families who have children and youth with various disabilities and mental health challenges. Chanique is very excited to start her work with Continuity Care!



We hope that you will be able to enjoy some time off this summer to enjoy all that Manitoba has to offer.

Cheers! Suzanne Swanton, Executive Director

Launch Into Life!



We held our 4th Launch into Life! workshop series on May 14th, 21st and 28th, 2019 with 8 families participating. Suzanne Swanton facilitated the sessions for the parents and Amy Shawcross led the sessions for the young adults.

Anne Kresta and I will be working on a project this summer to adapt the content in the videos to reflect Manitoba's disability programs and legislation. We will be recruiting participants from the sessions that we have offered this past year to be "spokespeople" for these new videos.



We also plan to offer more workshops for families and train the trainer opportunities, with the goal of reaching more communities across Manitoba. If you are interested, please contact Suzanne at our office.

Disability Matter Vote

A provincial election has been called for September 10th, 2019, which is a year earlier than scheduled, but the folks behind Disability Matter Vote have been anticipating this announcement. DMV 2016 was a huge success and those who were involved are getting ready to launch this year's campaign.

Disability Matters Vote (DMVote) is a non-partisan public awareness campaign. This campaign is a joint initiative of Abilities Manitoba and Barrier Free Manitoba but this campaign is all about YOU. We need YOUR support to reach our three goals:

- To ensure all Manitobans with disabilities can participate fully in election activities and those who are eligible to vote can do so.
- To promote priority attention for disability issues in the election.
- To support Manitobans with disabilities in making informed voting decisions

This year's campaign will start off with a big picnic at Assiniboine Park on Thursday, July 4th from 11-2 (rain or shine) at the Nature Playground shelter. The program starts at noon. There will be lawn signs and buttons available for all. Funds will also be raised by the sale of \$1 Freezies and t-shirts for \$20. Please help to spread the word so we can launch the campaign in a huge way.



For more information on Disability Matters Vote, follow this link to their website

<https://www.dmvote.ca/> They can also be followed on Facebook and Twitter.

Goldeyes Tickets

The Winnipeg Goldeyes graciously donated tickets to Continuity Care on behalf of sponsors Labatt MB and Payworks. Winners of our Member draw and the Baby Boomer Café were delighted to enjoy an afternoon or evening game.



“Sisters Cheryl and Barb really enjoyed the game and the opportunity to spend time together. Thanks so much to the donors!”

“On Sunday, May 25th, 2019, 21 people attended the Goldeyes game. We had 3 new families and 8 new people join us at the ballpark. For a few folks this was their first ever baseball game!

A nice time was had by all and the munchies were a nice treat. The Goldeyes won the game which provided a perfect finale!

The sun even peaked through the thick clouds throughout the afternoon, providing us with toasty warmth.”

Reported by Albert Yanofsky, Baby Boomer Café

Baby Boomer Café Spring Potluck



On Apr 13, 2019 we got together for the Spring Potluck ... the food is always terrific ... but we gather for more than just the food. We visit and share our latest news. We laugh and we sing. Whether we've been coming to BBC for a long time or it's our first time, the best part of the evening is the friendships we share. Music is always a highlight of the



evening and without it the evening would not be complete - many thanks to our very talented Bob. As is our tradition, Albert led us in the candle lighting ceremony and reflections on former BBC members that are a part of BBC's formation and history. Thank you to everyone who helped make this evening a success – your contributions to the delicious potluck, help with setup and cleanup, and organizing the meal. See you at Birds Hill in August.



Baby Boomer Cafe Summer BBQ Potluck

Saturday, August 10, 2019

Birds Hill Park, Group Use Area #1, Site #1 (follow the signs in the park)

3:00—9:00 pm

Please call Lillian to RSVP & for more information (204) 888-0094



Respite Worker Needed!

We are helping one of our members with recruiting a respite worker.

She is a 46 year old woman who lives in Winnipeg (East Kildonan area).

Areas of interest are:

- Cooking
- Shopping
- Games
- Dancing
- Go to Sporting events
- Outdoor activities
- Bike riding
- Neighborhood walks

She would prefer a female respite worker, with availability this summer - days, evenings or weekends. If you (or someone you know) are interested, please contact our office at (204)779-1679 or email at info@continuitycare.ca



We invite you to become a Continuity Care member

One-year membership \$25

One-year agency membership \$50

Lifetime membership \$250

Leave a Legacy

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