

# Continuity News

Winter 2018

## Holiday Greetings from the Office

Here it is mid-December and the holiday season has arrived – ready or not! It’s not just the malls that are full of hustle and bustle. Things here at Continuity Care have been keeping us busy as well.

Our branding and promotions project is now complete, which has included the creation of our new logo, our new website and printed materials. This project has taken longer than anticipated; however, we are pleased and proud to show off the results. Thanks to the team at Vincent Design for their creative talents, guidance and patience during this project.

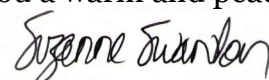
There has been a staffing change in our Member Support & Outreach Facilitator position. I would like to acknowledge Chelsey Kent for her time and contributions and wish her well in her future endeavors. We have hired Tracey Kenning-Needham in this role for the remainder of this project. Tracey will be contacting all of our lifetime members in the coming months.

We participated in the Transition Forum at Daniel McIntyre Collegiate on November 6<sup>th</sup> and as a follow up to this, we are collaborating with Inclusion Winnipeg and Innovative LIFE Options on a transition series of workshops for young adults and their families. We have offered two workshops so far – CLdS on Nov 21<sup>st</sup> and Transition to Adulthood Protocol on Dec 4<sup>th</sup>. In the new year, there will be two more workshops in this series. Check out the bulletin for more information.

On November 24<sup>th</sup>, we held our Strategic Planning session with our board members and staff, led by facilitators, Frank Atnikov and Scott Donald. This was a good start to creating our 3 year plan for 2019-2021, which will we finalize at our January board meeting.

Speaking of our board, we would like to welcome our newest board member, Krista Clendenning. Krista is an associate lawyer with Tradition Law.

As the year comes to an end, it’s an opportunity to take time to rest, reflect and celebrate all that we have accomplished before we turn the page and begin a new year. On behalf of the board and staff, I wish you a warm and peaceful holiday season and look forward to what lies ahead in 2019.



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## International Day of Persons with Disabilities

This year's theme "HUMAN RIGHTS: Past, Present and Future" was celebrated at the Canadian Museum for Human Rights on December 3, 2018. In Manitoba, we observed 3 legislative milestones over the years:

- \* The Vulnerable Persons Act
- \* The Accessibility for Manitobans Act
- \* The Canadian Charter of Rights and Freedoms

The day celebrated the success in achieving these milestones, reflecting on the efforts it took to achieve them and the work that lies ahead to continue to build commitment, support and vision.

## Continuity Care's new Emergency Health Information Form

Thanks to the work of Linda Ormonde, Jane Schledewitz and our Family Advisory Committee, we have launched a new resource for families. The Emergency Health Information form can help to record and relay important health information with agency staff, first responders and health care professionals in the event of a health emergency. We researched other existing forms, such as ERIK and found that they are designed more for seniors and were missing important pieces of information that are relevant for individuals with intellectual disabilities.

The new form was launched at our workshop on November 7<sup>th</sup>, with a panel presentation including Continuity Care members, an agency representative and a nurse who works in the field of disability. It was a rich dialogue with opportunities to ask questions, share ideas and resources and to think about how this form can be used.

## Continuity Care's Bingo & Mingle Event

People smiling, laughing and having a good time. We all had a lot of fun at the "Bingo & Mingle" held on October 20, 2018. The bright, extra space at Sturgeon Heights Community Centre allowed everyone to move around with ease and provided great wheelchair and walker accessibility. We started with the "mingle" by playing a people bingo game. It was a great way for everyone to meet their neighbour. The bingo games got underway and with each game, everyone cheered the winner. Our marvelous volunteers helped the event run smoothly by assisting players, supplying bingo cards and serving pizza. Many thanks to Linda, Monique, Abby, Sherry and of course Liz, our bingo caller. Your help is always appreciated. And thanks to our bingo players who came out and enjoyed an afternoon with us.

Suzanne and Patti





## Call for Volunteers!!

We are pleased to announce that the 9th Annual Mike Keane Celebrity Hockey Classic will be taking place in Winnipeg on February 27th and 28th, 2019 at the MTS Iceplex (3969 Portage Avenue, west of the Perimeter). This event allows everyday hockey enthusiasts to team up with former NHL greats to play hockey and raise funds in support of the True North Youth Foundation and Continuity Care.

We are proud to be the official “volunteer provider” once again for this event, and are asking for your help. We are currently recruiting 40 volunteers to fill a variety of jobs and shifts on February 27th and 28th. Examples of volunteer jobs are: selling tickets, coat check attendants, assisting with registration, check point security and being a friendly ambassador for Continuity Care while you are there. You do not need to commit to an entire day, as we will assign you to a job and shift based on your availability. If you are interested and would like to contribute your time and talents, please contact our office by phone at (204) 779-1679 or by email [info@continuitycare.ca](mailto:info@continuitycare.ca).

You can also show your support by coming out as a spectator and cheer on the teams during the tournament on Thursday, February 28th. Admission is \$10 per person and tickets are available at the door. Children 12 and under are free. Please note: there is complementary admission for people with disabilities and support workers. The tournament starts at 8:00 a.m. and games are played throughout the day. The final game takes place tentatively scheduled for 5:00 p.m., which features the NHL Alumni playing against the top fundraising team. We are counting on your support to help make this year's event another great success.



### Family Advocacy Network (FAN) of Manitoba

FAN is a network of parents, siblings, friends and caregivers of individuals with an intellectual disability.

Membership is free and is province wide. FAN has been formed to provide support and encouragement to each other and to advocate and lobby government for better supports and services. For more information, please contact:

[families.caregivers@gmail.com](mailto:families.caregivers@gmail.com)



### We invite you to become a Continuity Care member

One-year membership \$25

One-year agency membership \$50

Lifetime membership \$250

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### Follow us on Facebook!

Stay up-to-date with info on upcoming events, workshops, groups, and relevant content by following us on Facebook at:

[facebook.com/contcare](https://www.facebook.com/contcare)

## Baby Boomer Café Bowling News

On Sunday, October 28th, 17 people attended the Baby Boomer Café's second 'Bowling Bonanza' at Mosienko Lanes. A very special welcome to 4 new participants: Roberta and son, Brad, along with Joann and son, Jacob. This proved to be a fun, exciting and enjoyable event for everyone. Team Jocelyne, Justine and Jennifer, the "Triple J Sparkles" scored the high triple average. Team Monique and Aline achieved the high doubles average. Arnold and Jason celebrated the highest score and highest single average respectively.



Special thanks to Cliff for being the umpire and controller, as well as Sharon for coordinating the yummy half time snacks! Looking forward to seeing you all at the next Bowling Bonanza in February 2019!

Reporting for the Baby Boomer Café News - Albert Yanofsky

## Baby Boomer Café Holiday Potluck

Our Winter Café at Kildonan Community Church was well attended with 54 people out to enjoy the potluck supper and socialize with others. A huge thank you to everyone for their contribution to the delicious supper.

The evening began with a candle lighting ceremony warmly remembering those members and Café friends who have passed away or were unable to attend due to illness. Following the ceremony, a special presentation was made honouring both Mike Maunders and Ben & Heather Friesen.

Mike was one of the original pioneers and trail blazers, and a true, strong advocate for the Café for close to 20 years! He was a very dedicated organizer and leader, whether it was located in his living room in the early days or arranging the famous Maunder scavenger hunt at the BBQ at Birds Hill Park. He continues to enjoy Cafés with wonderful memories of his brother Cliff, who had a fabulous time with his BBC family. Along with Mike, a presentation was made to Ben and Heather Friesen, who have played an integral, lifelong BBC leadership role close to 2 decades. They have helped organize many meetings and cafés, including some in their home. They plan to continue attending cafés, with so many fond memories of Bev, their sister, laughing and having a blast at each and every Café.

Albert and Sharon's family shared the meaning of Hanukah and Lilian organized a sharing circle giving an opportunity for each person to share something special about themselves, if they wished. A true highlight was our musical conductor, Bob, who along with his fellow musicians Glenn and Dale led the group with inspirational singing or whatever the BBC family wanted to sing! The BBC wishes everyone a wonderful holiday season and all the best for the New Year. What a fabulous way to start the holiday season with our BBC family!



On behalf of the Baby Boomer Café—Lillian Tendies and Gisela Runge