



Continuity
Care Inc.

Developing a Support Network

*Presented by: Suzanne Swanton, Executive Director
& Chelsey Kent, Member Support & Outreach Facilitator*

We all need people in our lives to support us. This workshop will explore the topic of support networks and why this is an important aspect of future planning for individuals with disabilities. Suzanne & Chelsey will offer practical tips on how to develop and maintain a support network and ideas of how to build relationships and connect to the community. They will also share examples of sharing circles of support that have been created with the help of Continuity Care.

Wednesday, September 26, 2018

7:00—9:00 p.m.

120 Maryland Street

Non-Members: \$10 | Members: Free
1-Year Membership: \$25 | Lifetime Membership: \$250

For more information and to register, please contact our office at
(204) 779-1679 or info@continuitycare.ca

Teleconferencing will be available. Please contact office for details.