



Continuity Care Inc.

Support. Planning. Peace of Mind.

**Annual Report
2017 - 2018**

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Our History:

Continuity Care is a non-profit organization formed in 1995 by a group of dedicated parents, siblings and citizens who wanted to assist families, as well as others, in planning for the future of their family member with an intellectual disability. They were asking the question “What will happen to my child after I’m gone?”. Adults with disabilities are outliving their parents. Siblings may reside in another community, may be looking after aging parents, or have busy families of their own. Demographic trends show that every generation has fewer and fewer siblings, aunts, uncles, nieces and nephews than the one before. This translates into fewer opportunities for extended family to provide support. Continuity Care is there to help. Families are strong and resourceful, but may need support in planning for the long-term security of their family member. We provide support, resources and tools to plan for each family and their unique set of circumstances.

How We Do It?

Continuity Care works effectively in partnership with families, community, government, and service providers to assist individuals with disabilities and their families in developing a plan for the future.

Continuity Care does not rely on government funding. This was important to the founding board members, as they wanted to remain autonomous to provide advocacy to families when needed. Our main source of funding is our Endowment Fund that was established through The Winnipeg Foundation in 1998 to sustain the core operation of the organization in perpetuity. The Endowment Fund currently does not cover all of our yearly operating costs, therefore, we continue to fundraise and seek out grant opportunities.

Our Services:

- Respond to requests for information and resources by families, agencies and community members.
- Workshops on topics related to planning for the future of a family member with a disability. Topics include: Wills and Estate Planning, Trusts and Trustees, Sharing Circles of Support, Creating a Portfolio, and the RDSP.
- Individualized support and assistance with planning, problem solving, navigating the social service system, advocacy, and connecting with community resources.
- Parent support groups that are opportunities for parents and caregivers to share and connect with others.
- Sibling supports, such as Adult Sibling Evenings, as well as the Baby Boomer Cafés which are a social opportunity for siblings along with their brother or sister with a disability to get together.
- Annual Family Fun Night, which is an opportunity for our members to connect and socialize.
- Sharing Circle of Support Program that provides information and resources on how to build and maintain a sharing circle of support for your family member with a disability.
- A lending library with books, videos and resources that our members can borrow on a short term basis.
- Quarterly newsletters containing articles and information on topics related to planning for the future, bulletins with information on our workshops, groups and upcoming events.
- Continuity Care staff can come out to speak at organizations, conferences, schools, and rural community forums about our organization or on a specific topic related to planning.
- Portfolio/Lifebook training for agencies.

Membership:

We offer one year memberships for \$25.00 per family and \$50.00 per agency or Lifetime memberships for \$250.00. With a membership you will receive: a copy of our Circle of Life Workbook, free registration at our workshops, individualized support, assistance with planning, advocacy and connecting with resources, quarterly newsletters, and voting privileges at our AGM.

CONTINUITY CARE INC.

2017-2018 Board of Directors

OFFICERS:

- President** **Karen Leggat** – Sibling and business owner - Cropo Funeral Chapel
(joined the Board in 2007)
- Past President:** **Jane Schledewitz** – Sibling *(joined the Board in September 2005)*
- Secretary:** **Jo Verstraete** – Community Member - Retired (CSP - St. Amant)
(joined the Board in June 2001)
- Treasurer:** **Merv Gunter** – Sibling and business owner - Frontiers North
(joined the Board in June 1995)

DIRECTORS:

- Adeline Berg** Community Member – Retired (Hope Centre Inc.)
(joined the Board June 2001)
- Linda Ormonde** Parent *(joined the Board in June 2000)*
- Art Hock** Parent *(joined the Board in September 2004)*
- Jeoff Chipman** Community Member – President and CEO, Stephenson Group Inc. and former
Vice Chair of Continuity Care’s Capital Campaign
(joined the Board in 2007)
- Brian Coughlin** Sibling and Vice President of Business Development, Cardinal Capital
(joined the Board in June 2007)
- Terry Williams** Community Member – Retired (Child and Family Services)
(joined the Board in April 2011)
- Sherry Desilets** Parent *(joined the board in November 2014)*
- Kristy Scott (New)** Kristy Scott joined the Continuity Care board in November 2017 and fills the role
of Agency Representative. Kristy is currently the Human Resource Coordinator
at Winnserv and has worked in various roles with that agency since September
2004. Kristy has also joined our Human Resource Committee.





A Message from Our Board President & Executive Director



In the spirit of collaboration, we decided to submit a joint report this year. It's always a challenge to write our annual reports and try to summarize all that has happened. The past year at Continuity Care has had its struggles, as well as some significant achievements. The struggles were related to more turn over in our Administrative & Accounting position. With a staff of two, when one leaves, it has a significant impact on the day to day operations of our little organization. There were some delays and some things had to be put on the back burner, however, we tried to ensure that the direct work with families was always the priority during this time of transition. The recruitment process takes time and finding the right candidate that fits with the unique job description and our Mission can be a challenge. As in life, there are often lessons to be learned during the tough times and an opportunity for some self-reflection and evaluation. We forged ahead and were successful in hiring Patti Makinson as our new Office Administrator in January and she has jumped right in and helped us to get things back on track.

In terms of achievements, we are excited to report that Continuity Care has grown this year. In October, we moved from the little office on the main floor at 120 Maryland to two separate offices on the second floor, almost doubling our square footage! This move allowed for each of our staff to have their own working space, additional storage space and most importantly, privacy for phone calls and meetings with families. In February, our staff team also grew from two to three; with the hiring of Chelsey Kent in the newly created part time, term position of Member Support & Outreach Facilitator. This has been something we have been working on for a number of years and is a huge milestone for our organization. This new position allows us to provide more direct support to families, particularly outreach to our lifetime members, as well as growing our Sharing Circle of Support Program. The funding for this position came from a grant from The Winnipeg Foundation and we are grateful for their continued support. We will be working with the Board on a way to continue this position going forward.

This past year has been filled with opportunities to collaborate with other organizations. We hosted a dementia focus group for families in June 2017 which was led by Leslie Udell and is part of her work in developing a dementia framework in Manitoba for people with intellectual disabilities. We were involved in two successful Family Gatherings in September 2017 and in March 2018, which were hosted by Innovative LIFE Options, Community Living Manitoba, Inclusion Winnipeg and People First of Manitoba. We also collaborated with Inclusion Winnipeg and Innovative LIFE Options on a 4 part transition series of workshops for families who have a young adult child transitioning to adult services.

We had a couple of opportunities to connect with families in rural communities. Suzanne was the guest speaker at Epic Smiles' AGM in St. Malo in September 2017 and presented two sessions to families at Interlake Community Living in Stonewall in December 2017 and January 2018.

Advocacy continues to be an important part of Continuity Care's Mission and we were involved in several initiatives this past year. We continue to be an active member of Abilities Manitoba, which is an umbrella organization for disability agencies in Manitoba. We sit on a community stakeholder committee representing families with regard to CLdS's Building on Abilities initiative. We continue to be a part of the Children's Coalition, which is a group of disability organizations that provide services to children with disabilities and their families in Manitoba. This year, two of our Board Members, Merv Gunter and Geoff Chipman were involved in the Right to Live in the Community group and proposal which has been submitted to government regarding the closure of the Manitoba Developmental Center. Some of our Family Advisory Committee members are part of a reference group for the Quality Assurance project led by Leanne Fenez.

Suzanne also continues to advocate on behalf of individuals with disabilities and families by attending meetings, writing letters and emails and making phone calls to help them access services and supports, navigating through the system and helping to ensure the plans they are making are moving forward. She has also represented another individual at their Social Services Appeal Board hearing regarding eligibility for CLdS.

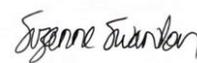
The need for advocacy, both on an individual and systems level, is increasing here in Manitoba and Continuity Care can and should respond to this need and is well positioned to do so, given that we are not government funded. The Board is kept informed of issues and opportunities that arise and are prepared to take action when needed.

We are fortunate to have so many dedicated and passionate Board Members here at Continuity Care. We welcomed Kristy Scott to the Board in November 2017 and have already appreciated the wealth of knowledge and experience she brings to our organization, especially with respect to Human Resources. We are grateful to each of you for the time that you give and for sharing your perspectives and wisdom at our monthly board meetings, as well as at our committee meetings and special events. With your support and guidance we are able to be effective in our leadership roles with the organization.

Lastly, we would like to acknowledge the families who are part of Continuity Care, as members, both annual and lifetime. Thank you for sharing your stories with us and allowing us to be a part of your journey. We know that you are also facing struggles in your lives, but also know that you are strong, dedicated and persistent and will make it through these tough times. We are here to help you along the way and so are many other families... you are not alone.



Karen Leggat
Board President



Suzanne Swanton
Executive Director

“CC helped us to navigate the services needed and available and continues to increase awareness of knowledge of services available in the community, as well as provincial and federal levels. The connection with other families has been of utmost importance for support. The staff is well informed with up to date information and continues to offer a caring and supportive service.”

Committee Reports

Family Advisory Committee:

The committee consists of Linda Ormonde (chair), Jane Schledewitz, Kathy Enns, Leslie Ann Joling, Monique Chaput, Sherry Desilets, Karen Leggat and Suzanne Swanton.

The purpose of the committee is to provide advice, support and recommendations to the Executive Director and the Board with respect to various aspects of supporting and educating families throughout their journey.

The Family Advisory Committee's goals under Continuity Care's five year Strategic Plan are as follows:

- To strengthen the current sharing circles and develop new ones as requested
- To increase the knowledge and expertise of agencies and other programs about sharing circles, support networks and relationship building and outreach.

With these goals in mind, we have discussed and worked on many things this past year. Some of which are as follows:

- We have continued to gather information and clarification on how Substitute Decision Makers (SDM) have to report RDSP's and Henson trusts to the office of the Vulnerable Persons Commissioner and to Employment and Income Assistance (EIA). Also, we are still gathering information on what is required by the Vulnerable Persons office if you are an SDM and also a trustee for a Henson Trust.
- We have reevaluated our Lifetime Membership so that it will be in the name of the person with the disability. This will be launched in the near future.
- We have completed the summarized health form to be used in residential homes if an emergency arises and paramedics are called. This also could be used for families. There will be a workshop in the fall to discuss this.
- Members of this committee are sitting on a "family reference committee" for the Quality Assurance Framework project led by Leanne Fenez which Abilities Manitoba has been contracted by the provincial government.
- The Lifebook/Portfolio workshop for agencies is ready to be launched. For more information, ask Suzanne.
- On February 3rd, we held our 2nd Bingo afternoon event. It was a great success again. We will need to find a larger venue for our next event as it has grown in popularity.
- The Committee members continue to provide a sounding board for Suzanne.

Continuity Care continues to offer families several workshops throughout the year on a variety of topics. We continue to send out our newsletter on a quarterly basis. If you have articles or stories for the newsletter or have a topic for a workshop, please contact Patti or Suzanne.

If you are interested in becoming part of this Committee, that meets once every two months, please contact Suzanne or Linda.

Submitted by,
Linda Ormonde – Committee Chair

Finance Committee:

The members of the Finance Committee are: Merv Gunter (Treasurer), Jeoff Chipman, and Brian Coughlin.

The purpose of the Finance Committee is to provide direction and support to our staff and to make recommendations to the Board with regard to the organization's finances; which include the following areas: review of our monthly financial reports, fundraising initiatives, budget preparation, investments and our Endowment Fund that is held with The Winnipeg Foundation. We continue to explore new ways to generate revenue to help sustain the organization and also plan for growth in the future.

Continuity Care's financial position remains stable and positive. Our staff team continues to effectively manage the day to day finances of the organization and prepares monthly financial reports that are reviewed at our board meetings. Our yearly operating budget is lean, but we are able to increase slightly each year to allow us to grow. This year, we grew in terms of office space and staffing, which are two very exciting accomplishments.

The revenue we receive from the Mike Keane Celebrity Classic plays a great role in our organization's financial stability. Each year, we decide how much of the revenue is required to supplement revenue for our operating expenses and how much we can transfer into our Endowment Fund. We are pleased to report that this past year, we were able to transfer \$50,000 of the \$70,000 into our Endowment Fund. We are truly grateful and proud to be a part of this fantastic event on an annual basis and for the relationships that we have developed with the True North Youth Foundation staff and board and with Mike Keane.

Our Endowment Fund and partnership with The Winnipeg Foundation is another reason why our organization is financially stable. The market value of our Endowment Fund has grown over the past year from \$2,746,820 as of March 31, 2017 to \$2,868,032 as of March 31, 2018, which is an increase of \$121, 212. The spending policy of The Winnipeg Foundation, which determines the amount that we receive from our Endowment Fund on a quarterly basis, has also increased from 4.6% in 2017 to 4.8% for 2018.

We also were successful in receiving operating grants this past year. We received \$3500 from the Cardinal Capital Foundation for technology and equipment to improve the sound and visual quality at our workshops and meetings. From Community Living Manitoba, we received a Family Engagement grant in the amount of \$2000, which we contributed towards the Family Gathering conference on March 23 & 24th, 2018. We also received a grant from The Winnipeg Foundation for our new staff position in the amount of \$32,000 for which we are truly grateful, as this has allowed us to grow our staff team. Thank you to each of these funders for their support.

We also very much appreciate the ongoing financial advice and support we receive from James Doer of BDO and Randall McElhoes, who both provide their services and time to Continuity Care as a gift in kind.

Merv Gunter (Chair)

Human Resources Committee

The membership of our Human Resources Committee has changed over the past year. Adeline Berg stepped down as Chair of this committee in June 2017 and we would like to express our sincere appreciation for her many years of service. Terry Williams joined the committee and agreed to take on the role of Chair. We also recruited Kristy Scott, HR Coordinator at Winnserv in November 2017. Linda Ormonde resigned from this Committee in May 2018 and we thank her for her past contributions. Continuing as members on this Committee are Jo Verstraete, Jane Schledewitz and Suzanne Swanton. The HR Committee met three times this past year and was actively involved with providing support and guidance to Suzanne throughout the year.

We experienced more turnover in the Administrative and Accounting Coordinator position this past year. Caley Goray resigned in September 2017. The HR Committee members provided guidance and support with the recruitment process for this position, participated in interviews, as well as provided input into changes to the job title and job description. We are pleased to report that in January 2018, we hired Patti Makinson as our new Office Administrator and warmly welcome her to Continuity Care.

The HR Committee assisted with the development of a job title, job description and salary scale for our new staff position, Member Support and Outreach Facilitator, and provided input on the project proposal. We were pleased that the grant proposal was approved by The Winnipeg Foundation. Chelsey Kent who was working for us on a contract basis as a Sharing Circle of Support Facilitator was hired in February 2018 on a one year, part time (3 days/week) term position.

Other areas of focus this past year included: updates to the employee mileage policy, updates to the HR policy manual, evaluation measures for the Sharing Circle of Support program and researching social media policies and guidelines.

We also updated the exit interview questionnaire which was sent out to selected staff that left our employ this past year. The Committee will continue to review employment terms for our newly hired staff.

Submitted by Terry Williams (Chair)

“I have worked within the Winnipeg Regional Health Authority for 12 years and when I come across an agency such as Continuity Care that provide such dedicated wraparound support to their clients and families, it always warms my heart. They are fantastic collaborators that help unite all agencies involved in a client’s care. They help to effectively and efficiently problem solve the best and most consistent care needed to keep the most vulnerable populations safe within the community.”
Deborah Kramer - Home Care Coordinator

Support Groups

Parent Support Group

This year we offered one parent support group during the daytime. The daytime parent support group is held on the third Thursday of each month (except for July and August) from 10:00 until noon at 120 Maryland.

There are a core group of seven members who attend this group on a monthly basis and they are an example of what a support network is all about. They have developed strong relationships over the years and connect with each other outside of the group meetings. They have supported each other during happy times and celebrations, as well as through the difficult times, the struggles they are facing, illnesses and losses.

On May 3rd, 2018, we lost a very special member of the parent group, Evelyn Maddison. Ev and Bob have attended the group meetings together for over 10 years. Ev was 89 years old and was a devoted mother to her daughter, Ronda and a dedicated and loving wife to Bob. Although Ev struggled with her own health issues, she was a strong and feisty lady, an advocate for her daughter and showed a genuine care and concern for others, above herself. Ev's presence and warm smile is already missed around the table.



Adult Sibling Conversation Evenings

This past year we offered three Adult Sibling Conversation Evenings which took place in June, November and March. Chelsey Kent, who is also a sibling, has taken on the role of facilitator for this group. Our goal is to offer these informal evenings on a quarterly basis, rather than monthly, as we know that siblings are often balancing many priorities and responsibilities in their lives; with work, families of their own and perhaps they are also a caregiver for an aging parent and/or a brother or sister with a disability. The attendance at these evenings has varies. Regardless of group size, conversations around the table are meaningful, lively, and sometimes emotional. It is a safe place for siblings of different ages and stages to come together and share their experiences and perspectives with others who understand. Thanks to all the siblings who have attended these evenings during the past year.

“Continuity Care has been invaluable to our family. Suzanne has demonstrated a tireless devotion to her causes and the care of her clients. We appreciate her vast experience, training, and knowledge of the social issues in the Winnipeg area. She has been a constant and reliable source of information and guidance to us over the past 5 years.” Mel L.

Baby Boomer Café



The Baby Boomer Café was started by a group of siblings (from the Baby Boomer generation) who have a brother or sister with an intellectual disability. They wanted to spend time together with their brothers and sisters enjoying activities, food and fellowship and build relationships and a sense of community. The group has since expanded to include parents, family members and friends.

This past year, there were four Baby Boomer Café's events:

- The Bird's Hill BBQ on July 29th, 2017 that was attended by 34 members.
- A Movie Night at Gisela's home on September 23rd, 2017 which was attended by 8 members.
- The Winter Café held at the Kildonan Community Church attended by 45 members.
- A group of 10 members attended the Festival du Voyageur on February 25th, 2018. "Merci Beaucoup" to Darrel Nadeau and the Festival du Voyageur organization for providing complementary passes to our group.

Music is an integral part of the Baby Boomer Cafés and this year, the music committee reviewed the current songbook and decided to update it. 50 new copies were printed and were put to immediate use at the Winter Café.

The organizing members held a craft and bake sale at the Winter Café and also implemented a fundraising campaign to assist with annual costs and sustainability, which were both successful and well received.



On a sad note, Beverley Bird, who was a long time member of the Baby Boomer Café and a lifetime member of Continuity Care, passed away on February 5th, 2018 at the age of 67. Bev's smile, spirit and enthusiasm were infectious and she had a love of music –playing, singing and dancing. She looked forward to attending the Baby Boomer Café's and is truly missed by her family members and friends.



"Our whole family really looks forward to the Baby Boomer Café's. Made many friends, lots of fun. Continuity Care continues to provide valuable information and support on estate, wills, income assistance, RDSP's and financial planning."

Sharing Circle of Support Program

The Sharing Circle of Support Program is just one of the many supports that Continuity Care provides to its members. A Sharing Circle of Support is a network of caring, unpaid people in a person's life. If you take a look at your own life, you probably have people you can confide in and rely on for help- and chances are you can go out and have fun with these people too. At Continuity Care, we believe that relationships are vital to a person's wellbeing. Judith Snow once said that "loneliness is the only real disability" and that is why we work towards ensuring that your family member with a disability has people in their lives.

I began my work at Continuity Care as a Sharing Circle Facilitator in July 2017 on a contract basis. I took on three Sharing Circles that Continuity Care was already involved in. In February 2018, I saw an expansion in my role and my job title changed to Membership Support and Outreach Facilitator. This came with some new responsibilities, with Sharing Circle Facilitation still being at the core. I began developing two new circles, as well as take on the facilitation of the fourth circle that Suzanne was previously facilitating. We are excited to have four additional circles on deck, eager to begin development.

Some of my goals as a Sharing Circle Facilitator include: meet with the individual at the center of the circle at least once a month, assist individuals to connect to their community and assist individuals and their families to identify and invite the key people into their lives.

One of our strategic goals is to redefine our definition of a sharing circle and I am proud to say that we have been successful in doing so. Earlier this year, an educator reached out, looking for support and resources for a young woman in her classroom. This young woman grew up in foster care and doesn't have the strong familial involvement that many of our members are fortunate to have, but she certainly has some strong advocates by her side. The development of her Sharing Circle will allow these people in her life to play a role and to help her advocate for herself. A Sharing Circle of Support doesn't always have to begin and end with family; people from all aspects of one's life can play a part in someone's support network. We are excited to see the Sharing Circle of Support Program expanding!

Submitted by,
Chelsey Kent - Member Support & Outreach Facilitator

"I have attended a couple of "Circle of Friends" sessions with your organization. I just wanted to thank you for offering these types of workshops. It helped hearing from others who had started these circles for their loved ones. It felt less daunting to start a supportive group once I learned that each circle is unique and there is no exact template."

Marnie and a circle for her daughter, Fran



Workshops

The workshops that we offer continue to be popular with our members and to others in the community. They provide an opportunity for our members to gain information, tools and resources, ask questions, and connect with other families. This year we offered 4 workshops on the following topics: Planning for the Future, Introduction to the Vulnerable Persons Act, Administering a Henson Trust (new) and Topics in Tax for Persons with a Disability.

We also collaborated with Inclusion Winnipeg and Innovative Life Options in offering a series of 4 workshops related to transitioning to adult services for families of young adults, which included: the Bridging to Adulthood Transition Protocol, Employment & Income Assistance for Persons with Disabilities, and Introduction to Community Living DisABILITY Services.

Thank you to the following presenters for sharing their time, information, expertise and experiences with our members:

- Richard Martin – Employment and Income Assistance (EIA)
- Kevin Antonyshyn – Lawyer & Chartered Accountant
- Laurel Litardi – Community Living DisABILITY Services
- Robyn Stefanyshyn & Astrid Harms – The Office of the Vulnerable Persons Commissioner
- John Poyser – Lawyer from Tradition Law
- Suzanne Swanton – Executive Director



Thanks to a grant from the Cardinal Foundation, we were able to purchase a portable sound system, a new laptop, our own teleconference phone and microphones and a portable screen. The goal of this grant project was to improve the sound and visual quality at the workshops to improve the experience for those attending in person, as well as via teleconference.



CARDINAL CAPITAL
MANAGEMENT, INC.

“Continuity Care provided two sessions: Planning for the Future and Registered Disability Savings Plan. These two sessions were helpful for the families we support in giving them the tools to plan for financial futures for their family member living with a disability. Families were informed of legal planning, developing a support network, RDSP and Canada Disability Savings Grants and Bonds.” Kelley Rutkair, Community Living Interlake



The 8th Annual Mike Keane Celebrity Hockey Classic was held on February 14 & 15, 2018 at the Bell MTS Iceplex. This 2-day fun-filled event is for players to meet some hockey heroes, talk hockey and support the True North Youth Foundation and Continuity Care. It requires 16 homegrown teams, 16 former NHL Pros, an organizing committee and a whole lot of volunteers to make this event happen. Each team is sponsored by a business or company to raise funds to enter the tournament, with prize incentives for team and individuals. The Pros are not announced until they gather for a meet and greet dinner called Draft Night. Based on the teams fundraising efforts, the top earner gets the coveted first pick of the NHL Pro to play for their team and play the NHL Pros in the final game. After all the teams pick their NHL Pro, the Stanley Cup made a special appearance for team pictures.

Our hometown players and companies did an excellent job of fundraising this year. Their love of the game, the support of their family, friends and community speak volumes in supporting the True North Youth Foundation and Continuity Care. The top fundraising team was 24-7 In Touch, who raised a total of \$81,426. The top fundraising individual is Greg Fettes, who raised \$26,000. The fundraising total for this year's event is an impressive \$371,200.



The NHL Alumni who attended this year's event and graciously signed autographs, smiled for pictures and greeted fans included: Paul Coffey, Denis Savard, Mike Krushelnyski, Dean Kennedy, John LeClair, Paul Maclean, Dave Babych, Garth Butcher, Mike Commodore, Andre Roy, Brad May, Eric Daze, Matthew Barnaby, Al Iafate, Brian Skrudland and Mike Keane.



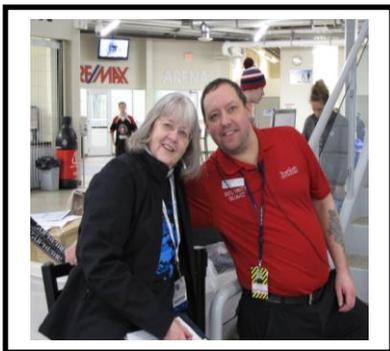
Continuity Care was the official volunteer provider for the event this year. We filled a variety of roles such as registration, coat check, ticket sales, check point security, and drivers for the NHL Pros. Thank you to the following volunteers for making this another successful event:

Liz Allen
 April Antoine
 Karen Antoine
 Ken Brunen
 Ashley Cabasug
 Arielle Carrasco
 Luc Dandeneau
 Stephanie Desilets
 Hub Espenell
 Roger Foster
 Tricia Geurts
 Denis Glowa
 Ivan Gravador
 Bill Keily

Chelsey Kent
 Richard Kent
 Jeff MacDonald
 Val Martin
 Wendy Martin
 Aaron McKelvie
 Phil Mukai
 Sandra Mukai
 Jill Naworynski
 Gillian Oswald
 Cliff Patzer
 Grace Patzer
 James Peters
 Mary Ann Porter

Lois Prince
 Laura Schnellert
 Dominick Sylvestre
 Kyle Toews
 Sharon Tumber
 Leslie Udell
 Gordon Whityshyn
 Eva Wiebe
 Doug Wazny
 Albert Yanofsky
 Jocelyn Yanofsky
 Sharon Yanofsky

We are extremely proud and grateful to be a part of the Mike Keane Celebrity Hockey Classic. Portions of the revenue generated from this event will go to projects, yearly operating costs and to the Endowment Fund which helps to sustain the organization in the long term. The event also promotes and raises awareness about Continuity Care to the community.



Our sincere appreciation and gratitude goes out to the following: Mike Keane, Mark Chipman, the Board and Staff from the True North Youth Foundation (Dwayne Green and Kait Flett), Jackson Events, the members of the planning committee, the staff from Bell MTS Complex, the NHL Alumni, the businesses that sponsor the teams, the players for their impressive fundraising, the fans who came to watch and the generosity of Manitobans who donate and support the event each year.

“I cannot stress enough the value of Continuity Care’s support during the adult transition process. All personnel who support students through this process, whether they work in schools or other community agencies, should have knowledge of what Continuity Care has to offer. Leaving the predictable environment of school can be a scary time for any student, but especially so for students with disabilities. The knowledge and support of the staff at Continuity Care helps to make this process less stressful and improves lives for individuals with disabilities into the future.”

Kathryn Murison - Collège St. Norbert Collegiate

Events

Bingo

On February 3rd, 2018 we held our second annual BINGO event. We had 39 people in attendance, which made for a very full room. There was lots of food and many prizes to be won. We had groups of friends that were happy to reunite for an afternoon to chat and play a game. The group seemed to take their Bingo playing very seriously. There was a lot of concentration from the players to win a prize. Liz Allen is one of the best bingo callers there is. She kept the pace going in order for everyone to have a chance to win. Of course, this event could not happen without a very capable group of volunteers that distributed new bingo cards after each game and kept the food bowls full. Thanks to the organizing committee members and volunteers for : Patti Makinson, Linda Ormonde, Monique Chaput, Sherry and Stephanie Desilets. We are already making plans for next year's event and will definitely need a larger venue.



The Family Gathering – A Conference for Parents and Family Members

The first Family Gathering was held on September 15 & 16, 2017 with the goal of bringing families together over a weekend to share their stories, discuss their concerns and learn from one another in a comfortable atmosphere. The themes for this conference were Vision, Relationships and Belonging, Self Determination and Support Networks and Advocacy.

Given the success of the first gathering, it was decided we needed to continue the conversations. The second Family Gathering was held on March 23 & 24, 2018. The event was attended by 57 family members and 32 self advocates from People First of Manitoba. Friday morning began with the Family World Café, where families and self advocates discussed the topics related to their vision for a good life. After lunch, there was a presentation by Laurie Miller and Suzanne Swanton on the topic of Relationships and Belonging, followed by two stories of lived experience. Continuity Care members, Jane Schledewitz and her sister, Gladys and Pat Goldie and her son, Mark, shared their stories about the importance of relationships and support networks and how this helps in living a good life. These stories were very impactful, inspiring and educational. We then broke into smaller groups to have a deeper conversation about making friends, connecting to the community, barriers that people encounter and shared strategies and tips on how to enhance relationships and belonging.

Friday afternoon ended with a Wine and Cheese event and gave attendees the opportunity to connect and get to know each other better.

On Saturday morning, the members of People First of Manitoba displayed their vision boards that they had created and participated in a panel discussion about their experiences as members of this self-advocacy movement. The remainder of the morning was a session focused on “Advocacy – What to do when you don’t like what is happening or when things have gone wrong” led by Laura and Karen Schnellert. Rod Lauder provided the graphic facilitation and shared strategies and tips about advocating for family members, as well as for parents and caregivers. The afternoon session was called a Learning Marketplace where there were a variety of smaller group sessions offered, including Self Care, BOA & SIS, the Family Movement, Life Books and Memes, Sibling support and Universal Design for Learning and Inclusion. At the end of the afternoon, attendees gathered together for a wrap up discussion and closing remarks. This was another successful Family Gathering Event based on the immediate feedback and evaluations that were submitted. The event was made possible by a collaboration of staff members from the following organizations: Innovative Life Options, Community Living Manitoba, Inclusion Winnipeg, People First of Manitoba and Continuity Care. Organizations contributed their Family Engagement grants received from Community Living Manitoba, with funding coming from Employment and Social Development Canada. Thanks to everyone on the planning committee, the presenters and facilitators and to all the family members and self advocates who attended and helped to make this event so successful and impactful.



“Innovative LIFE Options has had the good fortune to connect and collaborate with Continuity Care. The staff and volunteers of Continuity Care are amazing! The dedication, knowledge and passion they bring to everything they do has been so helpful and truly wonderful. This past year we have been so pleased to work together on a few projects, for example: 2 extremely successful family conferences, 3 information sessions to name a few; as well Continuity Care continues to be a great resource to us always providing positive guidance and exemplary assistance in supporting families and enriching the quality of life of many Manitobans. We are very grateful to have Continuity Care in Manitoba!” Patti Chiapetta - Executive Director

Continuity Care Membership

For 2017-2018, Continuity Care had 205 members, with 83 of these being lifetime members. Our membership year runs from April 1st to March 31st. With a membership we offer free registration at our workshops, individualized support and assistance with planning, access to our resource library, quarterly newsletter, voting privileges at our AGM, and a complimentary copy of the "Circle of Life" workbook. Lifetime members are also eligible for the Facilitator option of our Sharing Circle of Support Program.

Thank you to all our members for their continuous support and helping our organization to move ahead for the future.

Continuity Care Newsletter

Continuity Care's newsletters are sent out on a quarterly basis to our members and those on our mailing list. It provides information and articles on a variety of topics related to planning and news that is relevant to people with disabilities and their families. We also share information about coming events and resources that are available in the community.

We offer Continuity Care News electronically and by regular mail. We currently have 685 individuals, families or organizations receiving our newsletter. Of these, 451 people have chosen to receive it by email. Current and past editions of Continuity News can be viewed on our website at www.continuitycare.ca.

Thank you to Kendrick Printing for their quick and gracious services and helping us to meet our deadlines.

Continuity Care Branding & Promotions Project

This year Continuity Care updated its look! Phase 1 was the creation of the new logo, which is bright, colorful and fresh and reflects our organization. We also have a new tagline to go along with the logo: **Support. Planning. Peace of Mind.** Phase 2 was the new website design which gives us a greater online presence and helps to promote what Continuity Care is all about. We continue to add content to the pages to make our website a valuable resource to families, professionals, donors and community members. Phase 3 is almost complete, as we finish up the final edits on our promotional materials. Thanks to the creative team at Vincent Design for their collaboration and expertise on the project. Please visit our website at www.continuitycare.ca.

Continuity Care Facebook

For those who may not be aware, Continuity Care is on Facebook. To date, we have 95 "Likes" and reach up to 608 individuals and organizations with our page posts. Thank you to everyone who has liked or shared our page and helped us to share information about coming events, articles and resources that are beneficial to families in Manitoba.



Please visit our page and LIKE US!

Continuity Care's Endowment Fund

It is encouraging to see that our Endowment Fund is gaining in value and has surpassed our target goal of \$2 million. As of March 31st, 2018, the market value of our fund was \$2,868,032.26

We receive quarterly payments each year from the interest earned on our fund based on the spending policy set by The Winnipeg Foundation. The spending policy was set at 4.6% for 2017 and 4.8% for 2018. New gifts to the Endowment Fund are appreciated and will help in sustaining the quarterly payments that Continuity Care receives to fund our operating and programming expenses.



We would like to express our gratitude to the staff at The Winnipeg Foundation for their time and expertise in managing our Endowment Fund. We highly value their continued support and partnership.

Donor Recognition

We would like to take this time to recognize the following individuals and families for their generous gifts to Continuity Care's Endowment Fund throughout the 2017-2018 year.

Linda & Brian Ormonde
Jane & Brian Schledewitz
Edward & Ann Zebrowski

Other Donations

We would like to recognize the people who have made donations directly towards Continuity Care's operating expenses. This is another option for donors and is truly appreciated as it assists us in meeting our yearly budget and allows us to direct more funds towards our programs and services to families.

Thank you to the following individuals, families, organizations, and corporations for their generous gifts in 2017-2018:

Anna & Ross Stokke
Lisa McRorie
Ed Barkman
Dolores Minkus-Hofley
Rebecca Ehnes
Carol Wattinger
Justine Steinkopf
Willy & Edward Carlton
Jocelyn Steinkopf-Bussin

Ronald & Jeannette Kostenuik
Dorothy Schumacher
Norbert & Sherry Desilets
Delvina Hubert
Cecile Alaire-Skene
RBC Foundation
Alan Gershuny
Marilyn Steinkopf

Gisela Runge
Pat & Roger Locken
Homecare Pharmacy
Alberty Yanofsky
Grace & Cliff Patzer
Lillian & Art Tendies
Rosalind Hecht
Winnifred Steinkopf-Hall

Gifts in Kind

A special thanks to James Doer, C.A., C.F.P. and Randall McElhoes, C.A. for their financial expertise. We sincerely appreciate the time and advice that you have provided to Continuity Care this past year.